

## BAYSIDE REGIONAL TENNIS ASSOCIATION INC.

Website: [www.baysidetennis.asn.au](http://www.baysidetennis.asn.au)

A00040463W

Proudly Supported By:



### FIXTURES FOR JUNIOR COMPETITIONS JULY – DECEMBER 2020

|                                  | <b>OFFICE BEARERS</b>  |  |
|----------------------------------|--|--|
| <b>PRESIDENT</b>                 | Craig James<br>Email: <a href="mailto:craigjames4@bigpond.com">craigjames4@bigpond.com</a>   | 0423 121711  |
| <b>VICE PRESIDENT(S)</b>         | Grove Bennett  | 0488 428808  |
| <b>TREASURER</b>                 | Chris Ritchie<br>2 Pleasance St<br>Bentleigh 3204<br>Email: <a href="mailto:trachrisconsulting@outlook.com">trachrisconsulting@outlook.com</a>         | 0406 333860  |
| <b>SECRETARY</b>                 | Mrs Kerry Wundersitz<br>10 Thames St<br>Surrey Hills 3127<br>Email: <a href="mailto:secretary@baysidetennis.asn.au">secretary@baysidetennis.asn.au</a> | 9836 6458<br>0427 797993   |
| <b>COMMITTEE</b>                 | Larry McLean<br>Selma Ruddick<br>Judy Thomas<br>Steve Gelagin<br>Yvonne Cypser<br>Maya Ferguson  | 0408 531664<br>0428 530843<br>0412 235066<br>0448 148794<br>0412 951845<br>0402 225272 |
| <b>RECORD SECRETARY SATURDAY</b> | Mrs Lorraine Kerr<br>16 Surf Ave<br>Black Rock 3193<br>Email: <a href="mailto:lorrainekerr@hotmail.com">lorrainekerr@hotmail.com</a>                   | 9589 3899<br>0431 949138   |
| <b>RECORD SECRETARY SUNDAY</b>   | Mrs Jillian Sanders<br>1 Sharrock Ave<br>Cheltenham 3192<br>Email: <a href="mailto:jillian.sanders@bigpond.com">jillian.sanders@bigpond.com</a>        | 9584 5260<br>0419 501365   |

**CLOSING DATE FOR FEBRUARY – JUNE 2021**

12<sup>th</sup> November 2020

**STARTING DATES: FEBRUARY – JUNE 2020**

SATURDAY 30<sup>th</sup> January      SUNDAY 31<sup>st</sup> January

**MEETING DATES**

AGM: 17<sup>th</sup> May 2021

Delegates Meeting: 21<sup>st</sup> October 2019 (if required)

**PROGRAMME FOR 8 TEAM SECTIONS**

**SUNDAY**

|           |    |  |  |             |     |     |     |  |
|-----------|----|--|--|-------------|-----|-----|-----|--|
| July      | 19 |  |  | 1x2         | 3x4 | 5x6 | 7x8 |  |
|           | 26 |  |  | 8x1         | 2x3 | 4x5 | 6x7 |  |
| August    | 2  |  |  | 1x6         | 3x8 | 5x2 | 7x4 |  |
|           | 9  |  |  | 4x1         | 6x3 | 8x5 | 2x7 |  |
|           | 16 |  |  | 5x7         | 8x6 | 4x2 | 1x3 |  |
|           | 23 |  |  | 3x5         | 7x1 | 6x4 | 2x8 |  |
|           | 30 |  |  | 1x5         | 3x7 | 8x4 | 6x2 |  |
| September | 6  |  |  | 2x1         | 4x3 | 6x5 | 8x7 |  |
|           | 13 |  |  | 1x8         | 3x2 | 5x4 | 7x6 |  |
| October   | 11 |  |  | 6x1         | 8x3 | 2x5 | 4x7 |  |
|           | 18 |  |  | 1x4         | 3x6 | 5x8 | 7x2 |  |
|           | 25 |  |  | 7x5         | 6x8 | 2x4 | 3x1 |  |
| November  | 8  |  |  | 5x3         | 1x7 | 4x6 | 8x2 |  |
|           | 15 |  |  | 5x1         | 7x3 | 4x8 | 2x6 |  |
|           | 22 |  |  | Semi Final  |     |     |     |  |
| November  | 29 |  |  | Grand Final |     |     |     |  |

**PROGRAMME FOR 6 TEAM SECTIONS  
SATURDAY**

|                  |           |  |                    |            |            |  |
|------------------|-----------|--|--------------------|------------|------------|--|
| <b>July</b>      | <b>18</b> |  | <b>1x2</b>         | <b>3x4</b> | <b>5x6</b> |  |
|                  | <b>25</b> |  | <b>6x1</b>         | <b>4x5</b> | <b>2x3</b> |  |
| <b>August</b>    | <b>1</b>  |  | <b>1x3</b>         | <b>5x2</b> | <b>6x4</b> |  |
|                  | <b>8</b>  |  | <b>4x1</b>         | <b>2x6</b> | <b>3x5</b> |  |
|                  | <b>15</b> |  | <b>1x5</b>         | <b>4x2</b> | <b>6x3</b> |  |
|                  | <b>22</b> |  | <b>2x1</b>         | <b>4x3</b> | <b>6x5</b> |  |
|                  | <b>29</b> |  | <b>1x6</b>         | <b>5x4</b> | <b>3x2</b> |  |
| <b>September</b> | <b>5</b>  |  | <b>3x1</b>         | <b>2x5</b> | <b>4x6</b> |  |
|                  | <b>12</b> |  | <b>1x4</b>         | <b>6x2</b> | <b>5x3</b> |  |
| <b>October</b>   | <b>10</b> |  | <b>5x1</b>         | <b>2x4</b> | <b>3x6</b> |  |
|                  | <b>17</b> |  | <b>1x2</b>         | <b>3x4</b> | <b>5x6</b> |  |
|                  | <b>24</b> |  | <b>6x1</b>         | <b>4x5</b> | <b>2x3</b> |  |
| <b>November</b>  | <b>7</b>  |  | <b>1x3</b>         | <b>5x2</b> | <b>6x4</b> |  |
|                  | <b>14</b> |  | <b>4x1</b>         | <b>2x6</b> | <b>3x5</b> |  |
|                  | <b>21</b> |  | <b>1x5</b>         | <b>4x2</b> | <b>6x3</b> |  |
|                  | <b>28</b> |  | <b>Grand Final</b> |            |            |  |

**SATURDAY**

| <b>Section 1</b> |                       | <b>Section 2</b> |                       |
|------------------|-----------------------|------------------|-----------------------|
| 1                | Carmelite 1 <b>S5</b> | 1                | Port Melbourne Blue   |
| 2                | Carmelite 2 <b>S5</b> | 2                | Port Melbourne Red    |
| 3                | Port Melbourne Blue   | 3                | Carmelite 1           |
| 4                | Royal South Yarra 1   | 4                | Carmelite 3 <b>S2</b> |
| 5                | Royal South Yarra 2   | 5                | Carmelite 4 <b>S2</b> |
| 6                | Port Melbourne Red    | 6                | Carmelite 2           |

**SUNDAY**

| <b>Section 1</b> |                             | <b>Section 2</b> |                       | <b>Section 3</b> |                             |
|------------------|-----------------------------|------------------|-----------------------|------------------|-----------------------------|
| 1                | Royal South Yarra <b>S3</b> | 1                | Carmelite             | 1                | Highmoor Uniting            |
| 2                | Royal Ave <b>S2</b>         | 2                | St Joan of Arc        | 2                | Royal South Yarra <b>S3</b> |
| 3                | Elsternwick Park <b>S3</b>  | 3                | Beaumaris CC          | 3                | Coatesville 1 <b>S3</b>     |
| 4                | Beaumaris LTC               | 4                | Coatesville <b>S3</b> | 4                | Caulfield Rec               |
| 5                | GPHC <b>S1</b>              | 5                | GPHC 1 <b>S3</b>      | 5                | Royal Ave <b>S2</b>         |
| 6                | Tennis World                | 6                | GPHC 2 <b>S1</b>      | 6                | Coatesville 2 <b>S3</b>     |
| 7                | Dendy Park 1                | 7                | Dendy Park            | 7                | Tennis World                |
| 8                | Dendy Park 2                | 8                | Beaumaris LTC         | 8                | Dendy Park                  |

|                   |                              |                   |                             |                   |                             |
|-------------------|------------------------------|-------------------|-----------------------------|-------------------|-----------------------------|
| <b>Section 4</b>  |                              | <b>Section 5</b>  |                             | <b>Section 6</b>  |                             |
| 1                 | Carmelite <b>S2</b>          | 1                 | B Beaumaris LTC 1 Bodley    | 1                 | Aspendale                   |
| 2                 | Highett <b>S3</b>            | 2                 | Centenary Park              | 2                 | Beaumaris LTC Bodley        |
| 3                 | Hurlingham Park <b>S4</b>    | 3                 | Royal Ave 1 <b>S2</b>       | 3                 | Royal South Yarra <b>S1</b> |
| 4                 | St Pat's Mentone <b>S4</b>   | 4                 | Royal Ave 2 <b>S2</b>       | 4                 | Coatesville                 |
| 5                 | Elsternwick Park <b>S3</b>   | 5                 | Dendy Park                  | 5                 | GPHC <b>S1</b>              |
| 6                 | Maccabi                      | 6                 | Royal South Yarra           | 6                 | Bentleigh Rec               |
| 7                 | Beaumaris LTC                | 7                 | Beaumaris LTC 2             | 7                 | Clarinda                    |
| 8                 | GPHC <b>S3</b>               | 8                 | St Andrew's MB RA <b>S1</b> | 8                 | Mordialloc                  |
| <b>Section 7</b>  |                              | <b>Section 8</b>  |                             | <b>Section 9</b>  |                             |
| 1                 | Highett <b>S3</b>            | 1                 | St Joan of Arc              | 1                 | Le Page <b>S5</b>           |
| 2                 | Aspendale                    | 2                 | Lauriston                   | 2                 | Carmelite                   |
| 3                 | Black Rock <b>S4</b>         | 3                 | Royal Ave <b>S3</b>         | 3                 | Black Rock <b>S4</b>        |
| 4                 | Hurlingham Park <b>S4</b>    | 4                 | St James <b>S4</b>          | 4                 | Royal Ave <b>S3</b>         |
| 5                 | Lauriston                    | 5                 | Kings Park <b>S3</b>        | 5                 | Elsternwick Park <b>S3</b>  |
| 6                 | Elsternwick Park <b>S3</b>   | 6                 | GPHC <b>S3</b>              | 6                 | Tennis World                |
| 7                 | Maccabi                      | 7                 | Dendy Park                  | 7                 | Hurlingham Park 2 <b>S5</b> |
| 8                 | Tennis World                 | 8                 | Mentone                     | 8                 | Hurlingham Park 1 <b>S4</b> |
| <b>Section 10</b> |                              | <b>Section 11</b> |                             | <b>Section 12</b> |                             |
| 1                 | Murrumbeena <b>S1</b>        | 1                 | Hurlingham Park 1 <b>S5</b> | 1                 | Royal South Yarra           |
| 2                 | Le Page <b>S5</b>            | 2                 | Murrumbeena <b>S3</b>       | 2                 | Hurlingham Park <b>S5</b>   |
| 3                 | Caulfield Rec                | 3                 | Hurlingham Park 2 <b>S5</b> | 3                 | Caulfield Rec               |
| 4                 | Black Rock <b>S4</b>         | 4                 | Royal South Yarra <b>S1</b> | 4                 | Black Rock 1 <b>S4</b>      |
| 5                 | GPHC 2 <b>S3</b>             | 5                 | Maccabi                     | 5                 | Maccabi                     |
| 6                 | GPHC 1 <b>S1</b>             | 6                 | Dendy Park                  | 6                 | Kings Park <b>S3</b>        |
| 7                 | Royal South Yarra <b>S1</b>  | 7                 | St Mary's                   | 7                 | Black Rock 2 <b>S5</b>      |
| 8                 | Patterson Lakes              | 8                 | Beaumaris LTC               | 8                 | St Andrew's MB RA <b>S1</b> |
| <b>Section 13</b> |                              | <b>Section 14</b> |                             | <b>Section 15</b> |                             |
| 1                 | St Andrew's MB KE 1          | 1                 | Royal Ave <b>S2</b>         | 1                 | Centenary Park              |
| 2                 | St Andrew's MB KE 2          | 2                 | Beaumaris LTC               | 2                 | Highmoor Uniting            |
| 3                 | Coatesville                  | 3                 | Victory Park                | 3                 | Elsternwick Park <b>S5</b>  |
| 4                 | Elsternwick Park 1 <b>S3</b> | 4                 | Caulfield Rec               | 4                 | Aspendale                   |
| 5                 | Elsternwick Park 2 <b>S5</b> | 5                 | Tennis World                | 5                 | GPHC <b>S1</b>              |
| 6                 | GPHC <b>S1</b>               | 6                 | Elsternwick Park <b>S5</b>  | 6                 | Maccabi                     |
| 7                 | Beaumaris LTC                | 7                 | Le Page <b>S5</b>           | 7                 | Dendy Park 1                |
| 8                 | St Louis De Montfort         | 8                 | GPHC <b>S3</b>              | 8                 | Dendy Park 2                |

| <b>Section 16</b> |                           |   | <b>Section 17</b>          |   |                              | <b>Section 18</b> |  |  |
|-------------------|---------------------------|---|----------------------------|---|------------------------------|-------------------|--|--|
| 1                 | Lauriston                 | 1 | Highett <b>S1</b>          | 1 | Black Rock <b>S5</b>         |                   |  |  |
| 2                 | Carmelite                 | 2 | Royal South Yarra          | 2 | Highett <b>S1</b>            |                   |  |  |
| 3                 | Kings Park <b>S3</b>      | 3 | Mentone                    | 3 | Elsternwick Park 1 <b>S5</b> |                   |  |  |
| 4                 | Hurlingham Park <b>S5</b> | 4 | Elsternwick Park <b>S5</b> | 4 | Elsternwick Park 2 <b>S5</b> |                   |  |  |
| 5                 | Parkdale                  | 5 | Tennis World               | 5 | St Paul's                    |                   |  |  |
| 6                 | Glenhuntly                | 6 | Royal Ave <b>S2</b>        | 6 | GPHC 2 <b>S3</b>             |                   |  |  |
| 7                 | Sandringham               | 7 | GPHC <b>S3</b>             | 7 | GPHC 1 <b>S1</b>             |                   |  |  |
| 8                 | Dendy Park                | 8 | St Andrew's MB BG          | 8 | Maccabi                      |                   |  |  |

| <b>Section 19</b> |                      |   | <b>Section 20</b>     |   |                             | <b>Section 21</b> |  |  |
|-------------------|----------------------|---|-----------------------|---|-----------------------------|-------------------|--|--|
| 1                 | Le Page <b>S4</b>    | 1 | Carmelite <b>S5</b>   | 1 | Murrumbeena <b>S3</b>       |                   |  |  |
| 2                 | Black Rock <b>S5</b> | 2 | Murrumbeena <b>S1</b> | 2 | Le Page <b>S4</b>           |                   |  |  |
| 3                 | Murrumbeena LA       | 3 | St James <b>S4</b>    | 3 | Victory Park                |                   |  |  |
| 4                 | Coatesville          | 4 | Glen Eira             | 4 | Kings Park 1 <b>S3</b>      |                   |  |  |
| 5                 | Parkdale 1           | 5 | Bentleigh Rec         | 5 | Royal South Yarra <b>S3</b> |                   |  |  |
| 6                 | Parkdale 2           | 6 | Parkdale              | 6 | Parkdale                    |                   |  |  |
| 7                 | Royal Ave <b>S1</b>  | 7 | GPHC <b>S3</b>        | 7 | Royal Ave <b>S1</b>         |                   |  |  |
| 8                 | GPHC <b>S1</b>       | 8 | Royal Ave <b>S1</b>   | 8 | Kings Park 2 <b>S1</b>      |                   |  |  |

| <b>Section 22</b> |                           |   | <b>Section 23 Green Ball</b> |  |  |
|-------------------|---------------------------|---|------------------------------|--|--|
| 1                 | Beaumaris LTC             | 1 | Kings Park 1 <b>S1</b>       |  |  |
| 2                 | Dendy Park                | 2 | Kings Park 2 <b>S1</b>       |  |  |
| 3                 | Coatesville               | 3 | Aspendale                    |  |  |
| 4                 | Mentone                   | 4 | Beaumaris CC                 |  |  |
| 5                 | Kings Park <b>S1</b>      | 5 | Parkdale                     |  |  |
| 6                 | Lauriston                 | 6 | Kings Park 3 <b>S1</b>       |  |  |
| 7                 | Royal Ave <b>S1</b>       | 7 | St James <b>S5</b>           |  |  |
| 8                 | Hurlingham Park <b>S5</b> | 8 | Beaumaris LTC                |  |  |

**S1 8.30am start**  
**S2 9.30am start**  
**S3 10.30am start**  
**S4 10.00am start**  
**S5 8.00am start**

| COURTS AND LOCATIONS/MELWAYS   |        | COURTS AND LOCATIONS/MELWAYS  |        |
|--|--------|---|--------|
| ASPENDALE<br>Cnr Fourth & Sixth Ave, Aspendale<br>JNR REP Sarah Avadhoot 0448 739108   | 92 K7  | MENTONE<br>Cnr First St & Nepean Hwy, Mentone<br>JNR REP Martin Granell 0410 311284   | 87 C6  |
| BEAUMARIS CC<br>Cnr Victor St & Reserve Rd, Beaumaris<br>JNR REP Travis Quirk 0419 542431  | 86 D6  | MORDIALLOC<br>Doug Denyer Res, McDonald St, Mordialloc<br>JNR REP Ottavio Boron 0417 015588   | 87 H12 |
| BEAUMARIS LTC<br>Cnr Tramway Pde & Cromb Ave, Beaumaris<br>JNR REP Alan Thomas 0417 343123   | 86 E7  | MURRUMBEENA<br>Bute St, Murrumbeena<br>JNR REP Daniel Huggins 0402 893676   | 69 B6  |
| BEAUMARIS LTC BODLEY STREET<br>Bodley St, Beaumaris<br>JNR REP Alan Thomas 0417 343123   | 86 E8  | MURRUMBEENA LA<br>11 Rosanna St, Carnegie<br>JNR REP Daniel Huggins 0402 893676   | 68 J7  |
| BENTLEIGH REC<br>Arthur St, Bentleigh (Behind Bentleigh RSL)<br>JNR REP Jamie Parrott 0413 210437                                      | 77 E1  | PARKDALE<br>Imes St, Parkdale<br>JNR REP Michael Logarzo 0431 407294  | 87 E8  |
| BLACK ROCK<br>2 A Fern St, Black Rock<br>JNR REP Simon Cieplik 0405 591837   | 85 K1  | PATTERSON LAKES<br>Cnr Learmonth & Thompson Rds, Patterson Lakes<br>JNR REP Nikki Kernutt 0414 521524   | 98 A5  |
| CARMELITE<br>Albert Park Res, Cnr Canterbury & Armstrong Sts<br>Middle Park (under light rail)<br>JNR REP Dimi Hatzioannou 0417 581318 | 2K F11 | PORT MELBOURNE<br>Morris Res, Swallow At, Port Melbourne<br>JNR REP Travis Kinsman 0411 544911  | 2J B4  |
| CAULFIELD REC<br>Cnr Murrumbeena & Leila Rds, Murrumbeena<br>JNR REP David Reiss 9568 0267/0413 591759                                 | 68 K8  | ROYAL AVENUE TENNIS CENTRE<br>30 Royal Ave, Sandringham<br>JNR REP Tim McKimm 0417 054901   | 76 J12 |
| CENTENARY PARK<br>120 Brady Rd, East Bentleigh<br>JNR REP Peter Venn 0431 282550   | 78 A2  | ROYAL SOUTH YARRA<br>310 Williams Road North, Toorak<br>JNR REP Jarrad Wright 9829 1556   | 2M D2  |
| CLARINDA<br>4 – 14 Crawford Rd, Clarinda<br>JNR REP Marco Persi 0413 948844  | 78 J3  | SANDRINGHAM CLUB<br>92 Beach Rd, Sandringham<br>JNR REP Brad Crosher 0448 823381  | 76 F8  |
| COATESVILLE<br>Orange St, Bentleigh East<br>JNR REP Ottavio Boron 0417 015588  | 69 C12 | ST ANDREW'S MB BG<br>BRIGHTON GRAMMAR MIDDLE SCHOOL<br>Cnr Allee & New Sts, Brighton (Entry via New St)<br>JNR REP Gerard Douglas 0425 755005           | 67 E10 |
| DENDY PARK<br>Breen Drive, East Brighton<br>JNR REP Dean Ellis 0419 542012   | 77B2   | ST ANDREWS MB RA<br>30 Royal Ave, Sandringham<br>JNR REP Gerard Douglas 0425 755005   | 76 J12 |
| ELSTERNWICK PARK<br>464 St Kilda St, Brighton<br>JNR REP Jaide Collins 0466 469507   | 67 D3  | ST ANDREW'S MB ST KEVIN'S<br>74 Glenorme Ave, Ormond<br>JNRREP Gerard Douglas 0425 755005   | 68E9   |
| GLEN EIRA<br>Beech St in Princess Park, Caulfield South<br>JNR REP Ashley Hewitt 0402 351267   | 68 B5  | ST LOUIS DE MONTFORT<br>37 Dolphin St, Aspendale<br>JNR REP Yvonne Dunlea 0413 531335   | 92 J4  |
| GLENHUNTLY<br>Glenhuntly Park, Cnr Booran & Neerim Rds<br>Glenhuntly JNR REP Phil Mattei 0418 399653                                   | 68 E3  | ST MARY'S<br>Cnr Hayward Gve & Bendigo St, Hampton<br>JNR REP Pat Williams 0439 618824  | 76 F4  |
| GPHC<br>Hilda Cres, Hawthorn<br>JNR REP Adam Hubble 0412 662744  | 45 B10 | ST JAMES<br>St James Close, Brighton<br>JNR REP Michael Cunningham 0402 394608  | 67 E7  |
| HIGHETT<br>19 Tibrockney St, Highett<br>JNR REP Liam Cahill 0414 866785  | 77 C10 | ST JOAN OF ARC<br>Wallace Gve, Brighton<br>JNR REP Seonad Smith 0419 365613   | 76 E1  |
| HIGHMOOR UNTIING<br>4 Le Page St, Highett<br>JNR REP Damian Graf 0412 295658   | 77 E7  | ST PAT'S MENTONE<br>Cnr Childers St & Warrigal Rd, Mentone<br>JNR REP Mandi Mackey 0425 844972  | 87 A6  |
| HURLINGHAM PARK<br>Francis St, East Brighton<br>JNR REP Nicole Newton 0407 113528  | 67 J10 | ST PAUL'S BENTLEIGH<br>Riddle St, Bentleigh<br>JNR REP Ottavio Boron 0417 015588  | 77 E2  |
| KINGS PARK<br>King George V1 Memorial Reserve<br>East Boundary Rd, East Bentleigh<br>JNR REP Ben Eden 0422 495824                      | 77 J3  | TENNIS WORLD (MELBOURNE PARK)<br>Via Entrance D, Olympic Blvd, Melbourne<br>Check in National Tennis Centre, Level 2<br>JNR REP Julian Murphy 9914 4202 | 2G9    |
| LAURISTON<br>11 Rosanna St, Carnegie<br>JNR REP Paul Russell 0434 690027   | 68 J7  | VICTORY PARK<br>Charlton St, Bentleigh<br>JNR REP Julie Fidler 0407 683367  | 77 C2  |
| LE PAGE<br>Herald St, Cheltenham<br>JNR REP Jordy Petkoff 0404 084432  | 78 B11 |   |        |
| MACCABI TENNIS CENTRE<br>92 Bignell Rd, East Bentleigh<br>JNR REP Reeva Segal 0431 162403  | 78 B5  |   |        |

### HOME CLUB SUPERVISOR/PARENT

Please ensure that no adult or others interfere with play, i.e.

- (i) No line calling or coaching occurs from off the court
- (ii) No adult or others enter the playing area during the course of a match

### Tennis Australia Parent/Guardian Code of Conduct

As a parent/guardian of a participant in any activity held by or under the auspices of Tennis Australia,

- Member Association, Affiliated Organisation, Member Affiliated Organisation, a Regional Association or an Affiliated Club you must meet the following requirements in regard to your conduct during any such activity or event
- 1 Treating your child the same irrespective of them winning or losing.
  - 2 Remembering that your child plays tennis for their enjoyment not yours.
  - 3 Trying to have fun when you are around your children at competitions. Well-directed humour can be a great de-stressor.
  - 4 Looking relaxed, calm and positive on the sidelines.
  - 5 Making friends with other parents at competitions.
  - 6 Getting involved in appropriate ways if your child or the coach behaves in unacceptable ways during competitions.
  - 7 Letting the coach do the coaching.
  - 8 Understanding that children will benefit from a break sometimes and that involvement in other sports is okay.
  - 9 Being there when the child performs poorly. Be an understanding listener rather than a critic, judge and/or fixer.
  - 10 Being prepared to give your child some space so that he/she can grow and develop as an independent person.
  - 11 Letting your child know that your love for them is not associated with their sporting performances.
  - 12 Communicating with your child and asking them how they are really feeling about their sport and about competing in particular.
  - 13 Occasionally letting your child compete without you being there and hovering over them.
  - 14 Emphasising the good things your child did in preparing for and during the match/tournament.
  - 15 Try to avoid: Saying, "we're playing today". Instead say, "you're playing today". Give your child credit for accepting the responsibility of performing.
    - Getting too pushy or believe that you are indispensable. Let the coach do the coaching.
    - Living through your child's performances.
    - Turning away when your child performs.
    - Turning away when your child's behaviour is unsportsmanlike.
    - Telling your child what he/she did wrong after a tough match.
    - Making enemies with your child's opponents or family during a match/tournament.
    - Making your child feel guilty by reminding them about all the time, money and sacrifices you are making for his or her sport.
    - Thinking of your child's sporting performances as an investment for which you expect a return.
    - Badgering, harassing or use sarcasm to motivate your child.
    - Comparing your child's performances with those of other children.
    - Forcing your child to go to training. If they are sick of training find out why and discuss it with them.

